

RESOLUTION NO. R-45-2025

**A RESOLUTION OF EAGLE MOUNTAIN CITY, UTAH,
SUPPORTING EAGLE MOUNTAIN CITY'S PARTICIPATION IN THE
HEALTHY UTAH COMMUNITY INITIATIVE AND AUTHORIZING THE
MAYOR TO SIGN THE COMMITMENT LETTER**

PREAMBLE

WHEREAS, Get Healthy Utah, in partnership with the Utah League of Cities and Towns, established the *Healthy Utah Community* initiative to encourage municipalities to adopt policies and programs that promote active living, access to healthy food, mental health resources, and overall community well-being; and

WHEREAS, the *Healthy Utah Community* designation recognizes cities that demonstrate a commitment to health through measurable actions and the formation of collaborative partnerships; and

WHEREAS, Eagle Mountain City supports efforts to improve the physical, mental, and emotional well-being of its residents through existing programs, events, and infrastructure that promote healthy lifestyles; and

WHEREAS, the City has prepared a commitment letter to reflect Eagle Mountain's ongoing health-focused initiatives; and

WHEREAS, authorizing the signing of this letter is the first step toward achieving the *Healthy Utah Community* designation and will be followed by the formation of a Health Coalition and the development of goals to guide the City's future health efforts;

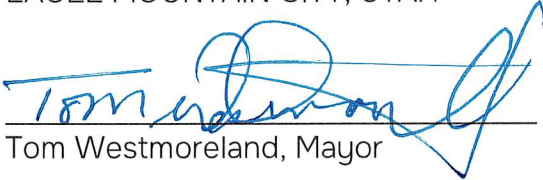
NOW THEREFORE BE RESOLVED by the City Council of Eagle Mountain City, Utah as follows:

1. That the City Council formally supports participation in the Healthy Utah Community initiative; and
2. That the Mayor is hereby authorized to sign and submit the commitment letter on behalf of the City as outlined in Exhibit A.
3. This Resolution shall take effect immediately upon passage.


BE IT FURTHER RESOLVED that City staff will proceed with the next steps required for designation, including the formation of a Health Coalition and the development of community health goals to promote long-term well-being for Eagle Mountain residents.

ADOPTED by the City Council of Eagle Mountain City, Utah, this 3rd day of June, 2025.

EAGLE MOUNTAIN CITY, UTAH


Tom Westmoreland, Mayor

ATTEST:


Gina L. Olsen, CMC
City Recorder



CERTIFICATION

The above Resolution was adopted by the City Council of Eagle Mountain City, Utah on the 3rd day of June, 2025.

| Those voting yes: | Those voting no: | Those excused: | Those abstaining: |
|---|--|--|--|
| <input checked="" type="checkbox"/> Donna Burnham | <input type="checkbox"/> Donna Burnham | <input type="checkbox"/> Donna Burnham | <input type="checkbox"/> Donna Burnham |
| <input checked="" type="checkbox"/> Melissa Clark | <input type="checkbox"/> Melissa Clark | <input type="checkbox"/> Melissa Clark | <input type="checkbox"/> Melissa Clark |
| <input checked="" type="checkbox"/> Jared Gray | <input type="checkbox"/> Jared Gray | <input type="checkbox"/> Jared Gray | <input type="checkbox"/> Jared Gray |
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| <input checked="" type="checkbox"/> Brett Wright | <input type="checkbox"/> Brett Wright | <input type="checkbox"/> Brett Wright | <input type="checkbox"/> Brett Wright |





Gina L. Olsen, CMC
City Recorder

EXHIBIT A

GET HEALTHY UTAH
Healthy Utah Community Application Letter



1650 E. STAGECOACH RUN
EAGLE MOUNTAIN, UT 84005
EAGLEMOUNTAIN.GOV

OFFICE OF
THE MAYOR

June 3, 2025

Dear Get Healthy Utah and the Utah League of Cities and Towns,

Thank you for the opportunity to apply for the Healthy Utah Community Designation. It is with great pleasure that I submit Eagle Mountain City as a qualified candidate. The City Council and I understand that health is foundational to a high quality of life. We are committed to promoting community health and providing all residents with the opportunity to live well.

In preparation for applying for the designation, Eagle Mountain City has made great strides in ensuring that every resident has access to healthy food, mental health resources, and opportunities to be physically active. To qualify as a Healthy Utah Community, Eagle Mountain City has completed, or is maintaining the following efforts:

- Active Living:
 - Developed new walking and biking trails.
 - Conducted a messaging campaign to promote physical activity in the community.
 - Offered low-cost community sports programs for both adults and children.
- Access to Healthy Food:
 - Conducted a messaging campaign to promote healthy eating in the community.
 - Implemented a worksite wellness strategy around healthy food for city employees.
 - Improved access to emergency food by improving our library-run food pantry.
- Mental Health:
 - Implemented a strategy to promote the safe use and disposal of medications.
 - Created a section of the community that promotes social gathering and connection.
 - Hosted a reoccurring community event that promotes social connection among a vulnerable demographic.

Moving forward, Eagle Mountain City has every intention to continue prioritizing health in our community and government processes. We commit to addressing health equity by seeking out further opportunities to address health needs in our community, particularly among the most vulnerable. We look forward to fulfilling our 3-year community health plan.



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OFFICE OF
THE MAYOR

As the elected leadership of our community, the City Council understands that decisions made by local government have the potential to improve lives and community wellbeing. To that end, the City Council is excited and committed to upholding health as a key priority during our administration and leadership.

Sincerely,

Tom Westmoreland
Mayor